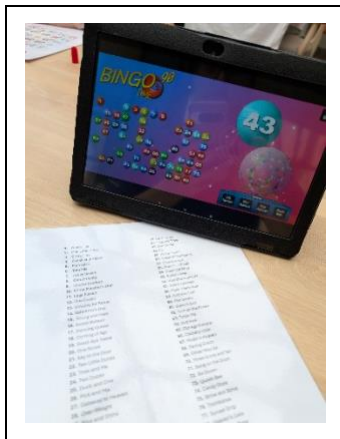


## SEPTEMBER ROUND UP

Monday 1<sup>st</sup> September 2025 – **Bingo!**

Happiness is yelling... BINGO!



Monday 1<sup>st</sup> September 2025 – **Sing-Along**

The residents thoroughly enjoyed their afternoon singing and dancing along to classics from Abba, Frank Sinatra, Dean Martin, Judy Garland and more.





Wednesday 3<sup>rd</sup> September 2025 – **Alex Hall – Singer**

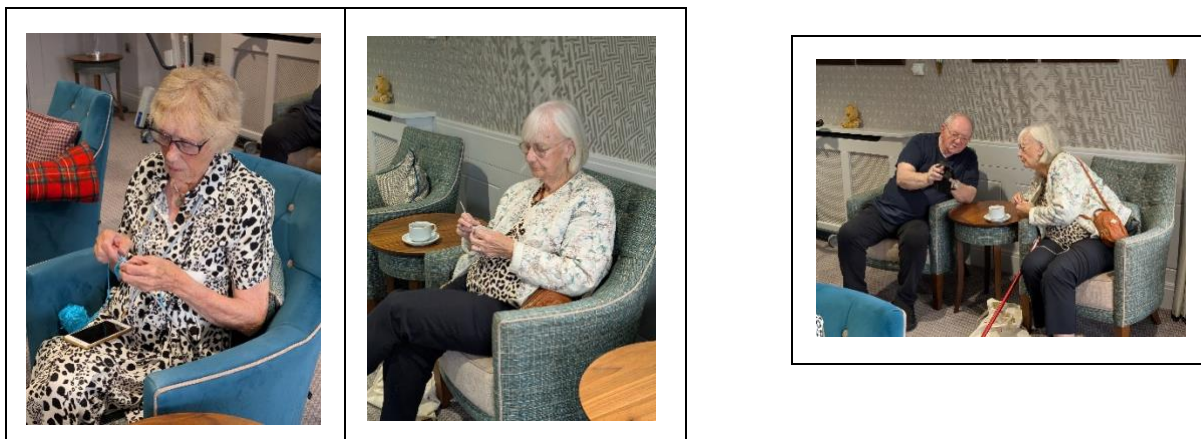
This afternoon we had the pleasure of welcoming back our favourite singer!  
What a fantastic afternoon singing and dancing!





Thursday 4<sup>th</sup> September 2025 – **Knit & Natter**

This morning, we reminisced over our childhood and shared family memories during our Knit & Natter group.



Friday 5<sup>th</sup> September 2025 – **Hazel Tree Sounds & Holistics**

This morning, we soothed our worries away and enjoyed a relaxing Sound Bath session.





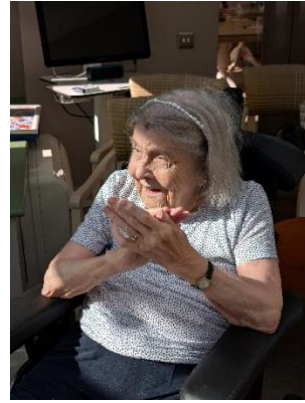
Saturday 6<sup>th</sup> September 2025 – **Wag & Co. Northeast Friendship Dogs**

We were excited to welcome back our favourite furry friends! We certainly missed them. We also introduced our lovely new resident, dot, who absolutely loves dogs!



Monday 8<sup>th</sup> September 2025 – **Fine Vintage – Guitar/Ukelele Duo**

This afternoon we had the pleasure of singing along to familiar favourites from the 60s, including: Can't Take My Eyes Off You; Let it Be; Till There Was You; It's Now or Never; Things and much, much more!





## Tuesday 9<sup>th</sup> September 2025 – ***Autumn Décor Shopping***

Today, one of our lovely residents joined me for a shopping trip to get Autumn decorations for the home. We also enjoyed a tea and cake!



## Tuesday 9<sup>th</sup> September 2025 – ***Name that Tune!***

After lunch, we put our musical caps on to play Name That Tune!



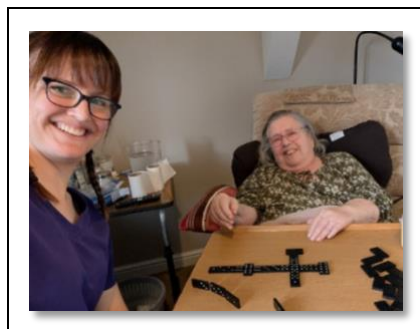
### Friday 12<sup>th</sup> September 2025 – ***The Jolly Walkers***

Despite the slight crisp in the air, we made the most of the sunshine on our Jolly Walkers walking group this morning.



### Monday 15<sup>th</sup> September 2025 – ***Companionship***

This morning was spent 1-1 with residents in their rooms. After being offered a choice of activity, Mary chose to play dominoes.





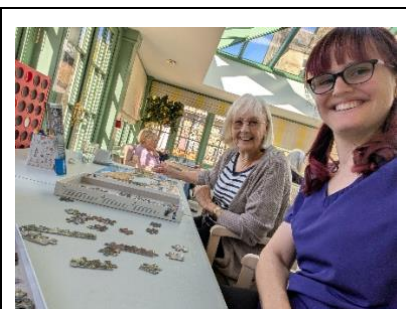
## Thursday 18<sup>th</sup> September 2025 – *News Round*

This morning, we grouped to read the paper. Some interesting stories from Trump's state visit; Strictly Come Dancing; to Morrissey seeing a ghost and a then rumoured heatwave set spike at 26C tomorrow!



## Thursday 18<sup>th</sup> September 2025 – 1-1

"A jigsaw puzzle won't solve all your problems, but it's a problem you can solve" – **A.J. Jacobs, *The Puzzler***.



## Friday 19<sup>th</sup> September 2025 – ***Fitness Friday: Armchair Exercises***

We all felt great after this morning's armchair exercises. After, we reminisced over sports and other games we enjoyed in our youths.



## Friday 19<sup>th</sup> September 2025 – ***1-1***

Autumn's in the air...everywhere you look around... A quick walk this afternoon as the heavens were threatening to open!





Saturday 20<sup>th</sup> September 2025 – **Arts & Crafts: Autumn decorations**

This morning was all about being together, singing along to familiar songs by Vera Lyn, Doris Day and Frank Sinatra, whilst doing a little therapeutic colouring.



## Monday 22<sup>nd</sup> September 2025 – *Flower Arranging*

Our dining areas were filled with beautiful fragrances, courtesy of these lovely ladies.



## Monday 22<sup>nd</sup> September 2025 – *MacMillan Coffee Afternoon*

We gathered this afternoon with friends and family to enjoy an afternoon of refreshments and bingo!



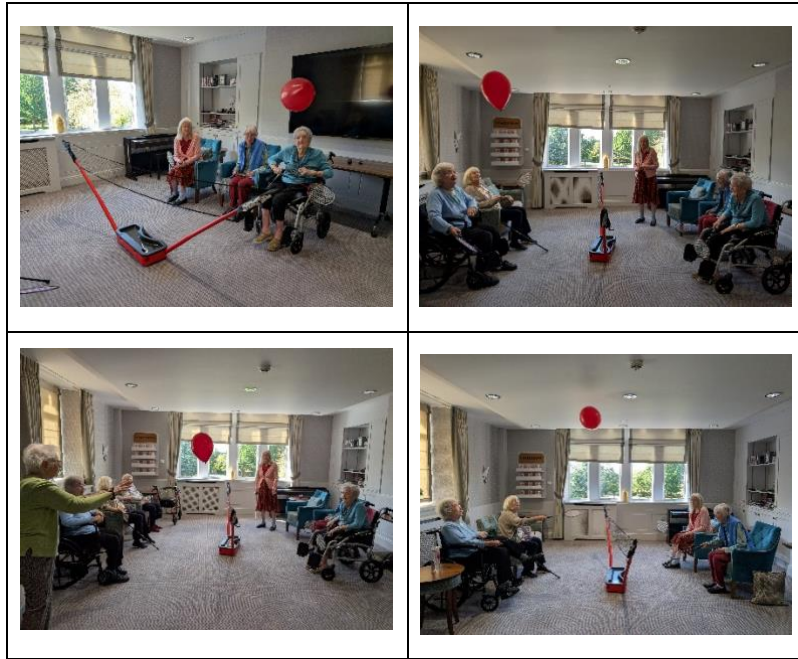




## Tuesday 23<sup>rd</sup> September 2025 – **Balloon Badminton**

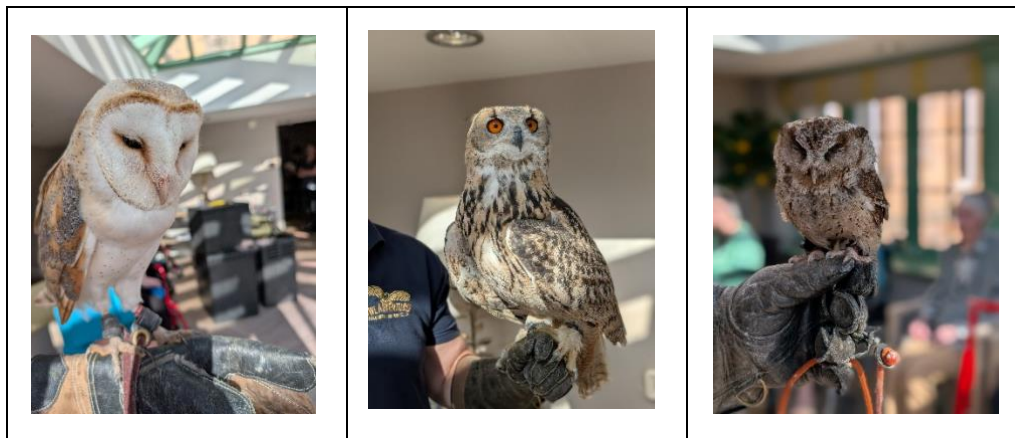
Flexing our muscles in a fun-filled session! Smile and laughter roared through the cinema this morning.





Thursday 25<sup>th</sup> September 2025 – **Owl Adventures**

This afternoon we were all in awe of these fascinating and beautiful birds from Owl Adventures.







Monday 29<sup>th</sup> September 2025 – ***Chris Johns Singer***

Today we welcomed back the talented Chris Johns, who delighted our ears with tunes spanning the 50s, 60s & 70s. We all had a fantastic afternoon, singing and dancing along!





